

ST. CONSTANTINE INTERNATIONAL SCHOOL NEWSLETTER 36, May 17, 2021

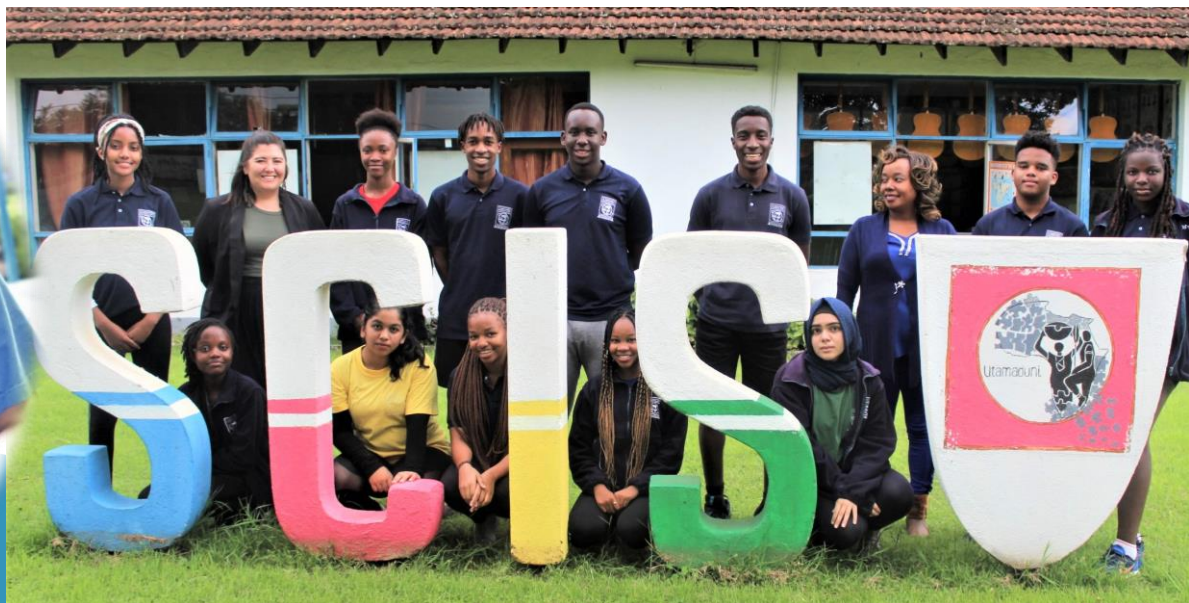
Karibu Newsletter 36. For those who missed our EID greetings, we wish you all peace, happiness and the gift of joy as epitomised by our beautiful students who created cards, posters and gave out roses on the eve of the Shawwal moon. Our mothers too enjoyed additional celebration with students creating poetry, videos, cards and gifts for Mother's Day. Some are so good, we are not only featuring them here, but look out for them on our Facebook page too.

As the end of our academic year creeps closer, the pressure is on for so many of our students, so it has been wonderful to see them once again enjoying some fun competitive sport with Kennedy House. It appears the weeks of isolation from other schools has not affected the performance of our young champions, but honed their skills to produce some record-breaking times in the pool.

Both elective activities and school clubs have been active, as you will see, with our students reaching out to help others, learn about their culture, bring creativity, Science, Technology, Engineering and Maths together and even learn to cook. It is activities such as these that encourage our pupils to become well-rounded leaders in the future. This week is the pinnacle for Primary activities with their excursion choices including everything from the Snake Park to Weruweru Lodge. We can look forward to some exciting stories for the next newsletter.

It is with sadness that we farewell our nurse of 15 years, as Nurse Lina takes retirement – on her birthday – tomorrow. She has given tirelessly to the school and we will miss her. Friday is the Year 9 Science Fair - and don't forget to check our WHAT'S ON page in every issue to see what else is happening in the school. IGCSE and Post 16 students are now well into their exams and we wish them all luck at this stressful time. I would like to take this chance to remind ALL students who may be leaving in July that no matter what level they are at, or their reasons for leaving, they are always welcome back as one of our Alumnae. We encourage them to keep in touch with their peers and keep on our mailing list, so we can ensure they don't miss an invitation to come back to visit and celebrate with us. With half term rapidly upon us – I wish you all a fruitful and successful week. With best wishes,

Tony Macfadyen, Head of School

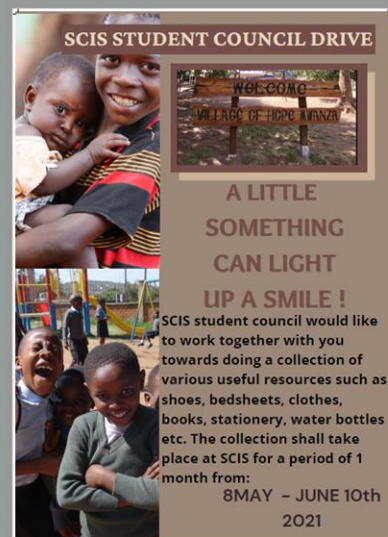




OUTREACH – a programme created through a diverse group of secondary students. We are determined changemakers who are working together to make our society a better place. Our project aims to work with neighboring schools to exchange different skills, ideas, and knowledge as well as build connections with one another and appreciate each other's differences and opinions. **PICTURED front page are our Outreach teachers and students: Eileen, Ms. Wint, Daniella, Malcolm, Collins, Enoch, Ms. Lucy, Nabeel, Dorcas, Newa, Ume, Faraja and Sarah.**

We are asking for your help for the upcoming end-of-year drive that will be conducted by the School's Student Council and targeted towards children in an orphanage in Mwanza called **Village of Hope**. The children have been greatly affected by the pandemic and some could not continue with their studies. We firmly believe we can make a difference for the better in the Village of Hope, with your support in the form of donations, such as stationery, clothes, bed sheets, books, cash, shoes, or anything else still in decent condition to be used by someone else. There will be a donation box at the school reception, as well as in tutor classes, where parents and students can make their donations. Our aim right now is to have all **donations in by the 20th of June** in order to have ample time to send the resources by bus.

We are the community and we shall work together towards this goal, however, we can't make it without your help. **'Alone we can do so much; imagine how much we can do together!'**



EID CELEBRATIONS

As part of Internationalism, students celebrated Eid Al-Fitr by making cards, giving the gift of roses to fellow students and teachers, and Mrs Tozer's "crafternoon" elective painted a beautiful poster for their class-room door.

EID is called at the sighting of the Shawwal Moon and Muslims celebrate with prayers called "Salat Al Eid" in Arabic. The prayers are followed by a sermon, in which the imam asks for forgiveness, mercy, and peace for every being across the world.

Other key elements of Eid celebrations are giving money to the poor (known as 'Zakat al-Fitr'), sending Eid greetings and feasting with families. The phrase used by Muslims as a greeting is "Eid Mubarak", which is Arabic for 'blessed festival'.

Pictured front page from top are: Fatima Yr 10 and Cynthia Yr 11; Rukaiya Yr 9, Layan, Anjuman and Zainab all Yr 13.



Pictured top right is Jiya Yr 8 making EID cards, and bottom right -the students who made this wonderful poster- Parina (Yr 8) Erica (Yr 7) Ihsaan (Yr 8) Rukaiya (Yr 9), Pauline (Yr 8) with Mrs Tozer.



WEALTH OUT OF WASTE

Our ideal 'Wealth out of waste' aims to promote the spirit of Environmentalism and creativity among students. Instead of throwing away trash, they can transform those waste materials, or unwanted products, into new materials and products of high value that are more useful than the original items.

Pictured with Miss Irene during their IDEALS are Upper primary students Harsheen Y6, Shakir Y3 and Pendo Y4 making tortoise toys out of Jacaranda seeds, sticks, wheat flour and wood glue. They found the seeds and sticks outside, shaped them, filled them with wheat flour dough mixed with wood glue and painted them with Acrylic paints.



In the STEM club, these Year 3 students carried out different hands-on activities. Here - with great teamwork, good communication skills, inventiveness and tenacity - the students made a number of simple, working machines. (STEM = Science, Technology, Engineering and Maths)

The STEM club is all about improving communication, collaboration and critical thinking skills, which they used to make a toy bicycle and explain how the gears and levers work.



During the IDEALS session, students were given the opportunity to take part in different activities and creatively came up with a simple machine that shows how different forces act, such as the force of gravity. Pictured are (top left) Abhud Yr 4, Bottom left Leon Yr 6, Ben Yr 5 and Ethan Yr 6; Top right Prosper and Salemo Yr 4, bottom Kelton and Kenneth Yr 4.

#teamwork #communication skills #inventiveness

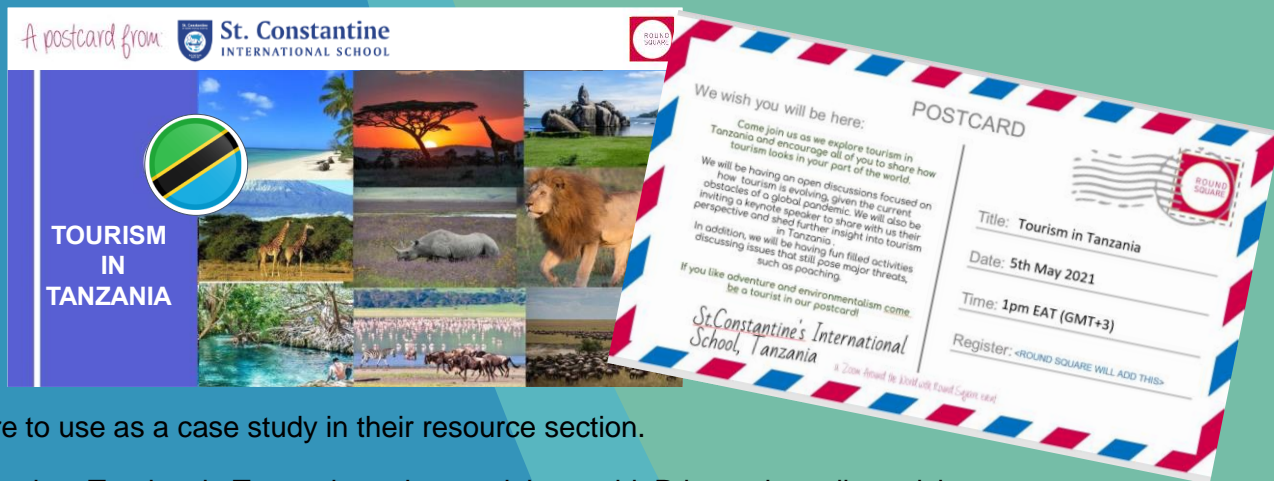
FAREWELL NURSE LINA

Wednesday will be an important day for ST. Constantine International School, as our nurse of 15 years duration, is leaving us and taking retirement. Not only that – it is her birthday ! The Student Council members thanked Nurse Lina for her kindness and support over the years and presented her with a card, a cup, a gown and some money to get something special for herself. Her nursing career began in 1990 and before coming to St. Constantine, she worked in various private hospitals. Nurse Lina is pictured with Student council members - Secondary: Malcolm, Laurie, Crista, Daniel, Zainab, Muhammad; Primary: Alexia, Jamillah, Alina, Daneen, Dhrove, Ethan, and Kushaan; along with Mrs Mbugua and Ms Felister.



OUR CHAMPION POSTCARD

We hosted a Zoom postcard by Year 10, which has had the honour of being chosen by Round Square to use as a case study in their resource section.



Our theme focused on Tourism in Tanzania and around the world. Prior to the call, participants were asked to research information about Tanzania and to upload a picture that represents what they consider to be the most important attraction for tourism in their own country, coming to the call ready to talk about the image they had shared. The programme also included a presentation from the Tanzanian National Park Authority - our Guest speaker was Allen Mnyemye - followed by baraza discussion.

21 schools participated, with 116 people from 10 different countries - Canada, Colombia, UK, Kenya, India, USA, Japan, Pakistan, Oman, and Qatar.

Led by Mrs Wint and Miss Lightness, the champions involved were Crista, Umekulzum, Miss Wint, Eileen, Faraja, Ms. Lightness and Fatema (back row) and Maryam, Sarah, Atupelye and Neema (front row) below, and around them are the girls during the presentation.

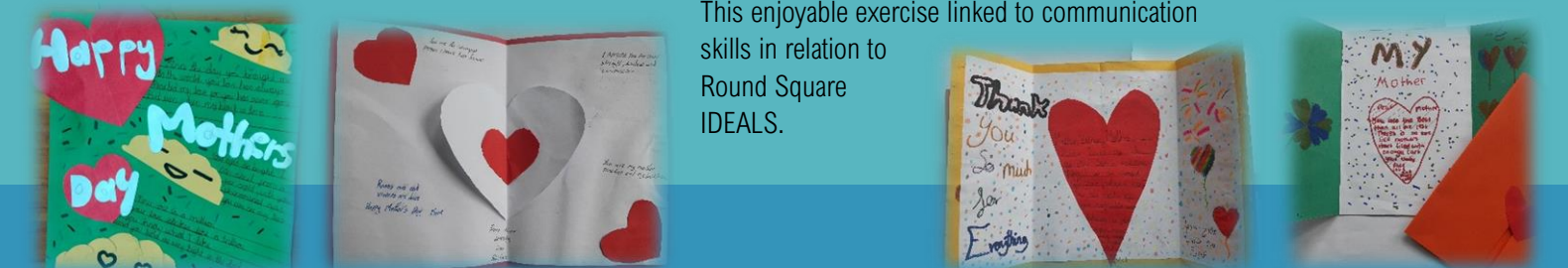


Mother's Day Tribute to our Dear Mums

The KS3 students took a moment to reflect on the love shared by all our mothers. It was a moment to say thank you to these great women for the everyday sacrifice that they make. Some wove words together to come up with poems, while some made cards, wrote messages or recorded videos ready for Mother's Day.

Yr 11 made this Swahili Tribute: <https://drive.google.com/file/d/1jpEoIXc99lOcoKMR2S0ejWxqOcF50-Dt/view>

This enjoyable exercise linked to communication skills in relation to Round Square IDEALS.





IT WAS A WEEK FOR



CULTURE CLUB:

In the Culture club of our IDEALS we took a virtual trip to Greece to explore the most famous parts of Greek history 'The Horiatiki' - Greek Salad. Thanks to Mr. George, our school chef, the children had an enlightening moment digging into the history, the ingredients and even the laws governing this amazing salad. Finally, they had a chance to make and enjoy this special delicacy. It was a cutting, chopping, washing and mixing afternoon for all.



Pictured top is Qianan hard at work chopping tomatoes, and lower left Jamian, Qainan, Elliot, Inaya, Seif, Bhavya (at the back), Nathan, Ms. Mwanahamisi, Lemmy, Anna and Grace Above are Elliot, Tanara and Inaya, also choppers for the day at Culture Club, while below, at Cooking Ideals are - Awaiwing Y4, Abbas Y3, Mika Y3, Samba Y5, Aryan Y6 shredding carrot using a grater; Ollana Y4 chopping green pepper for the chicken sauce; and Gabriella Y3, Abbas Y3, Ashraj Y3, Ollana Y4, Kirley Y3, Samba Y5, Mika Y3, Collette Y6, Miss Katrina, Aryan Y6, Awaiwing Y4, Davis Y5, and Miss Angel posing with their ingredients.



COOKING IDEALS:

Ms. Angel and her cooking IDEALS class prepare different cuisines from around the world. On Wednesday, it was time for Africa and they cooked ugali with chicken sauce in the cooking club.

First they washed tomatoes, onions, green pepper and chopped them into different sizes ready to prepare the chicken sauce. Then they marinated the chicken with ingredients (garlic, ginger, salt, vinegar, olive oil and soy sauce) and added chopped carrot, green pepper, coconut and chicken stock. They served it with ugali.



DID YOU KNOW WE HAVE AN ALUMNAE ASSOCIATION?

If you, or any of your friends are leaving **ST. CONSTANTINE INTERNATIONAL**, keep those valuable friendships going through the school.

You don't have to be a graduate, you just have to have studied with us at some stage.

Please email leonietrubshoe@scis.sc.tz and sign up. We'd love to keep in touch!



GOING TO THE POLLS:

Last week, the students ran an election to elect student representatives from each year group for the coming year 2021 - 2022. This celebrates the democratic spirit of this wonderful school and how each and every unique individual has a voice. Look out for the result in the next newsletter !

Pictured are Eileen and Crista who are student council representatives collecting votes for next year representatives, and Mustafa hands over his vote to Eileen. All of them are in Year 9.



"The Future Depends On What We Do In The Present"

- Mahatma Gandhi

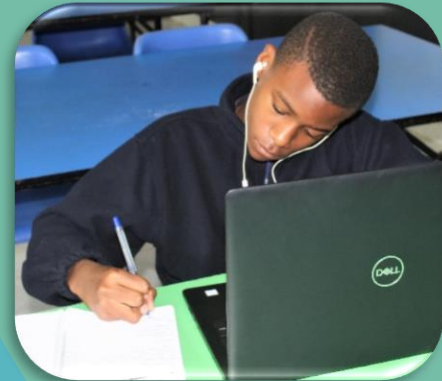
THE FUTURE OF OUR CITIES

UWCSEA SINGAPORE

THE FUTURE OF OUR CITIES -

In this online conference, hosted by UWCSEA Singapore, students were encouraged and challenged to think outside of the box, evaluate and find solutions to current worldwide issues, and be given a wider perspective of the future.

For the baraza sessions, each school was asked to create an infographic about their respective city or country in the future and what they think it will look like in the future. This could include sustainability, technology, politics etc.



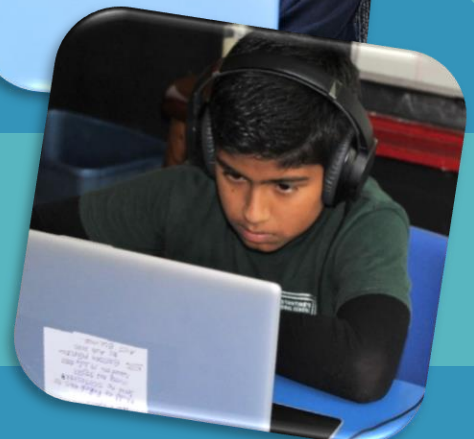
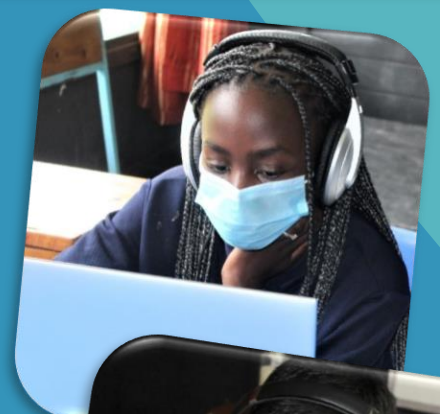
Pictured top right is Allan Yr 7, who is taking notes about how Singapore was founded and its future plan in relation to solving worldwide/global issues; while below him is Mikael also Yr 7 discussing systems of governance in world cities and how they are run in comparison to his own city of Arusha.



Left is Evelynne Yr 7, below is Daniel Yr 8 and bottom right are Tarunisri Yr 9 and Kushaan Yr 8 all preparing for their baraza groups.

BECOMING THE FUTURE...

Close your eyes and imagine the world in 50 years. What do you see? More importantly, what role will we, as students, play in this bigger picture of the future? This year, our conference on The Future Of Our Cities explores and touches on the topics of sustainability, model cities, politics, technology, and people. It's time for us to take our future into our own hands.



PERIPATETIC MUSIC LESSONS

The programme of private, peripatetic music lessons involves teaching students' instrumental lessons and music theory on a one-to-one basis. The main purpose is to teach skills better and deeper in a child's selected instrument.

The instruments available include piano, violin, guitar, flute, and drums; with cello, clarinet and saxophone soon to be offered. The school teaches the curriculum of the Associated Board of Royal Schools of Music, an international organisation based in the UK. Our secondary music teacher, Mr Kalule is a registered ABRSM teacher. Graded music exams provide a structured framework for progression from beginner to advanced and most instruments and theory are offered from Grades 1-8 and have three standards of pass - Pass, Pass with Merit and Pass with Distinction. Passes in grades 6-8 may be used as part of the UK Universities and Colleges Admissions Service in obtaining a university place in Britain.

The teachers who give the lessons at SCIS are: Daniel Kalule who is not only our Secondary music teacher, but also gives lessons in piano, violin, cello and music theory; Gadiel Shedaffa who teaches piano and guitar, Noel Simon who teaches piano, drums and guitar; Mr Paulus Simon Levetti who teaches drums and Gabriel Kalamata who teaches piano and music theory. Pictured top left are: Mr Paulus and Andre Yr 4 on drums; Mr Gadiel and Motheba Yr 1 on piano; Mr Babriel with Ethan on piano; the Year 10 performance class (below); top right is Hans Yr 3 who has his violin lessons from Mr Kalule; and Mr Gadiel with Mikaeel Yr 3 enjoying guitar.



REHEARSALS for the Primary musical *Alibaba and the Bongo Bandits* are underway for the Year 5/6 production to be performed at the end of this term. The creator challenges us to "Open sesame and discover a treasure-trove of fun and laughter as witty writer Craig Hawes gives the timeless tale a twist, in this mystical musical comedy! So, slip on your sandals for some sandy silliness as we take a thrilling carpet ride with Ali Baba and his crazy camel on an amazing Arabian adventure! With colourful characters, a side-splitting

script, an enchanting score of show-stopping songs and a sprinkle of sparkle from a genius genie, this magical musical is everything you could wish for!" Pictured are Leon, Mirabelle, Gillian, and Dorcas (left) with other cast members (right).





YEAR 9 OPTIONS EVENING

Parents and students attended a Year 9 Options evening where their choices at 13+ were explained and discussed both with teachers and other students who had gone before. As the first really big decision students have to make about what to study, they were able to learn more about what subjects they wanted to continue with and which to drop. They were encouraged to choose courses and subjects that matched their interests, abilities and talents, and would help them prepare for their chosen career

Speakers like Mr Macfadyen explained how students could take new subjects, learn in a different way, building upon their strengths to achieve success in the future. "It is important that you choose options that interest and motivate you," he said. "You are more likely to succeed if you enjoy your lessons."

Choosing well means students must think hard about what they are like. e.g. – did they like 'hands-on' subjects? How different subjects would help them in the future. What were their interests, hobbies and abilities? Which pathway should they follow? It was important to research all the options before deciding, not falling into the trap of thinking some subjects were only for boys and some only for girls as this is not true. "Make the most of your careers education lessons and ask for help if you need it," Mr Macfadyen said. "You need good information, advice and guidance to help you choose well."



Pictured far left are Ombeni and Deborah preparing snacks for the arrival of the parents and students; above are Mitchell Yr 9 with Ms Lynette listening to the presentation; bottom left is the roomful of parents studying the Options booklet before moving to speak with the teachers, top right is Wanjiru Yr 9 going through the Options booklet with her mother, Ms. Maina; right above is Julian and his mother discussing art as an option with Mr Namulala; below right is Mr David discussing the various topics in the physical education subject with Farhan and his father.



WINNERS AND PLACEGETTERS IN THE 2021 MATHS COMPETITION:

Year 7	1st: Sean Svendsen	Year 7	20
	2nd: Pranay Chandra	Year 7	15
	3rd: Mikael Allidina	Year 7	13
Year 8	1st: Kushaan Raja	Year 8	20
	2nd: Daniel Tindamanyire	Year 8	20
	3rd: Adina Ochieng	Year 8	20
Year 9	1st: Vedanshi Joshi	Year 9	20
	2nd: Tarunisri Badireddy	Year 9	20
	3rd: Collins Kamau	Year 9	20
	3rd: Abigail Minja	Year 9	20
Year 12	Malcolm Kazimil	Year 12	20

Other Students who completed the 20 Games and secured a position worldwide are:

1. Ryan Twerdy Year 8
2. Alana Narane Year 8
3. Francois Godbout Year 8
4. Nouriel Kpaossou Year 9
5. Fatma Mrutu Year 9

Pictured are Joaquine (top) and Priya, Abigail and Collins Yr 9 below during the World Maths Day competition.





St. Constantine International v Kennedy House Friendly Swim Gala – hosted by Kennedy House

This year has seen a decline in competitive sport across schools in and around Arusha due to Covid-19, so our SCIS swim squad were very excited to be invited to take part in a friendly gala with Kennedy House on Friday 7th May, the second and final inter school swim gala of the year.

The chilly start to the day did nothing to dampen the spirits of our swimmers, some of whom were representing the school for the first time. Throughout the day, they swam with determination and supported fellow team members with shouts of encouragement.



Notable performances included first Places for:

- Mixed 12-13 200m Medley Relay Leticia (Yr7), Sam (Yr9), Emma (Yr8),
- Mixed 10-11 200m Medley Relay Nansa (Yr7), Marcelina (Yr7) Owen (Year5) Elijah (Yr5)
- 8-9 25m Freestyle, 25m Backstroke Samba (Yr5)
- 10-11 25m Freestyle Daniel (Yr6)
- 10-11 50m Freestyle, 50m Breaststroke Marcelina (Yr7)
- 7&Under 25m Butterfly Belvin (Yr2)
- 10-11 25m Butterfly, 25m Backstroke, 100m Individual Medley Nansa (Yr7)
- 10-11 25m Butterfly, 50m Backstroke Elijah (Yr5)
- 12-13 50m Butterfly Emma (Yr8)
- 12-13 50m Backstroke, 100m Individual Medley Sam (Yr9)
- 8-9 25m Breaststroke Ethan (Yr5)
- 10-11 100m Freestyle Relay Marcelina, Leon, Daniel, Ethan
- 10-11 200m Freestyle Relay Elijah, Owen, Armani, Nansa



Pictured clockwise from top left are: Sam Y9 50m backstroke - winning gold with a time of 38.96; Belvin Y2 in his debut gala swimming 25m butterfly winning gold; Swim gala - Elijah Y5 25m butterfly first place with the impressive time of 17.83 seconds; Emma Y8 50m freestyle 2nd place; Fadila Y5 25m breaststroke 2nd while knocking a massive 9 seconds off her previous time; Ethan (bottom right) and Samba prepare for their races;

bottom middle Olivia Y1 at the end of her first race ever - 25m freestyle; David and then Ruby (bottom left_ both excited before their races; while above them a great relay change between Nansa and Armani for the mixed 10-11 100m Medley Relay; Elijah Y5 is prepared for one of his many races; while next to him is twin brother Owen Y5 coming 3rd in the 50m backstroke. Next page is our successful swim team.





WHAT'S ON

May

Monday – Friday 17 – 21	Primary activities week
Friday 21	Science Fair Year 9
Monday – Friday 24 – 28	School closed for half term
Monday 31 – Wed June 2	Y6 Exam week

June

Wednesday 2	Secondary PSHE Day
Friday 4	Primary Inter-House X-Country
Saturday 5	Y5 Leadership Training Morning
Wednesday 9	End of Year exams Years 7 - 10
Friday 11	U9/U11/U13 Netball @ Kennedy House (time tbc)
Friday 11	Last IGCSE exams
Saturday 12	Y13 Graduation
Monday 14 – Friday 18	Y12 work experience
Tuesday 15	Primary Inter-House Tag Rugby and Netball (1.30pm)
Wednesday 16	Lower Primary MC show 6pm
Thursday - Friday 17-18	6 th Form Taster days
Thursday 17	Y6 Primary Science Fair 1.30pm
Friday 18	Y7 transition presentations to Y6
Friday 18	DELf exams all day @ SCIS (Y5 and above)
Friday 18	Town Campus Show 5.30pm followed by music on the lawn at 7pm at TC
Monday 21	Primary Peripatetic Music concert 3.45pm
Thursday 24	Y5 / 6 Play - Night 1 @ 6pm
Friday 25	Y5 / 6 Play - Night 2 @ 6pm
Monday – Friday 21 - 25	Y7 - 13 Activities week
Monday – Friday 21 – 25	Y11 work experience
Monday 28	Transition Day 8 am – 12.40pm Year 6
Wednesday 30	Primary IDEALS Fair from 1- 3pm

July

Thursday 1	Primary Prizegiving 9 am
	Secondary Prizegiving 11 am
Thursday 1	Last day of school – school ends at 1.30pm