

ST. CONSTANTINE'S INTERNATIONAL SCHOOL NEWSLETTER 32, March 15, 2021

Karibu! Newsletter 32

Another busy fortnight has passed since the last newsletter, with students and teachers alike finding enjoyable ways to learn.

First our Book Week was a great success - many thanks to Miss Beatrice and Mr Muchella - with a variety of activities from Pyjama Day to a Buffet of Books, creating a story web to dressing up as a favourite book character! However, maybe the highlight of the week was a visit from well-known children's author, Richard Mabala.

Another VIP visit came in the form of American Chess Grandmaster, Timur Gareyev, who was visiting Tanzania to climb Mt Kilimanjaro. A friend of our own chess master and coach, Mr David, he taught students some wonderful techniques to enjoy the game and to carry into future competitions.

International Women's Day was celebrated by all and created a forum for our girls to examine their future aspirations, while Secondary PSHE day examined important issues for our young men and women as they advance into and through their teenage years.

Matilda rehearsals continue with some of our more adventurous staff now taking cameo roles! I hope you will make your booking for March 22 or 23; spaces will be limited to ensure correct social distancing but we will also use social media to beam the production into your homes. Booking details to come soon.

The Key Stage 3 girls' PE module was brought to a conclusion last week by a display of gymnastics on the field which was lovely to see.

Our health and hygiene measures continue and we are proud of the way most students are now adhering to the policies as matter of course.

Best wishes,
Tony Macfadyen

**Check out this special offer for
St Constantine families – see page 6
for details.**



Celebrating Book Week

Book Week Theme 2021
READING IS MY SUPERPOWER

• Monday March 1 - Pyjama day

"My book was so good I didn't have time to get out of my pyjamas today"Sakina Virjee - Year 5 and Abbas Bhimani Year 3 (right) know it really is the first day of Book Week when they can come to school in pyjamas..... and so do their teachers Miss Felister and Miss Irene (left).



Mrs Moshi (below) read *The GIANT Jam Sandwich* to her Year 2 students at the Main Campus as part of their Book Week activities. They started the week by making a book cover for their classroom door (see bottom right), by colouring and painting wasps, sandwiches, tractors and a baker from the story. They even took a photo of themselves and put on a baker's hat.

Later Deliviny (below) wrote a report on the book and the class also made their own books.

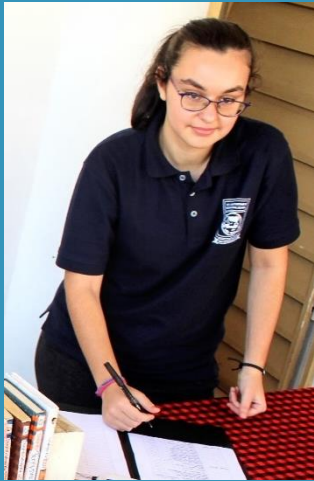


• Tuesday March 2 - Peer reading and story web

Book Week always presents a chance for classmates to sit together and enjoy story telling. Here is 6E on a story web sharing a twisted tale.



- Wednesday March 3 - Fun activities and the book buffet



Ms Karen (right) displayed all the books that students could swap. They could have the book temporarily, read and return it; or could keep the book that captured their interest. Anastasia (left) from Year 13 recorded the transactions.

The Year 4 students in Mrs Joshua's classroom read a book called 'My Father's Dragon' by Ruth Stiles Gannett. Then they had to create a lapbook on the story and focus on 'What's in Elmer's Knapsack'. Rose is pictured far right with her completed knapsack, while Sakina (right) is working on hers.



- Thursday March 4 - Class projects and visiting author

We received a visit from the famed Tanzanian author Richard Mabala, creator of such classics as "Mabala the Farmer" and "Hawa the Bus Driver" and the famous Ndoto series. Mr Mabala's books have been studied as part of the Government NECTA curriculum for over 30 years and our Primary and Secondary students were incredibly excited to meet him though not as excited as many of our teachers who actually studied his books when they were students themselves!



In the Primary School he engaged with the children in story telling. We had a special moment with year 5/6 because they asked the author questions about his life with the aim of writing his Biography. "It was great having him around," they said. One child exclaiming - "I am now inspired to write stories like Mr Mabala."



Mr Mabala with Primary (top left) and Secondary students (bottom left); Mr Murray and Ms Maina took a selfie (below) and pictured with Mrs Hawa Moshi (below right) our Lower Primary Main Campus coordinator, who read Mr Mabala's books in school as a child.



- Friday March 5 - Character dress-up day, gallery walk

As we book week ended, students and teachers dressed up in the costumes of their favourite characters.



Clockwise from top right are: Alexia – The Cat in the Hat; 2. Sarayu Year 4 - Sting the Scorpion from Beast Quest; Ayana Year 3 - Violet from Charlie and the Chocolate Factory; Mr Murunga and Mr Muchela as Bernard and Gilbert from Small Island; Aaliya Reception a cow girl from A Cowboy Series; Mrs Tozer and Mrs Macfadyen as Thing 1 and Thing 2, pictured with Sharron Year 8 - the Cat in the Hat; Ms Kwendo as Captain Jack Sparrow from Pirates of the Caribbean; Mahdi Year 6 - Harry Potter; Leya Year 2 a pirate from How to be a Pirate; Kimberly Year 5 - the White Rabbit from Alice in Wonderland; Darice 5E – the peach from James and the Giant Peach.



Front page is Ms Maina - Culpurnia, the Finch's cook in To Kill a Mockingbird; engrossed in his book is Osiris Weston from Nursery, and listening intensely to Mrs Moshi is Brayden Msoma Year 2





Women are powerful and great !
So say the girls from Miss Lucy's Year 5 class as they made posters to celebrate International Women's Day today on March 8.

WomENG
WOMEN IN ENGINEERING

"I choose to challenge the patriarchal attitudes which leads to violence against women. We are all equal. No one should be abused on the basis of gender."

Faithness Kiondo
Psychologist & SDG5 Champion, Tanzania

International Women's Day
#IWD2021 #ChooseToChallenge



Faithness Kiondo, Psychologist and SDG 5 Champion, Tanzania.



This term, our Years 7,8 and 9 girls learned gymnastics in PE, while the boys played hockey. In order to show what they had learned and gather their peer assessment, the girls showed their talents in one big display. The year group winners gained merit points.





American Chess GrandMaster pays St Constantine International a visit

The chess students were visited this week by the American Chess GrandMaster - Timur Gareyev - who came to mentor our enthusiasts.

He was linked to the school by

our Chess Coach, Mr David, who invited him to visit while he was in Arusha to climb Mt Kilimanjaro. He showed our students different techniques and, while playing Ethan Murray (with assistance from his team mates), he even played blind folded. Mr David – pictured in the background – practised some of the new techniques while Mr Gareyev showed off his skills.

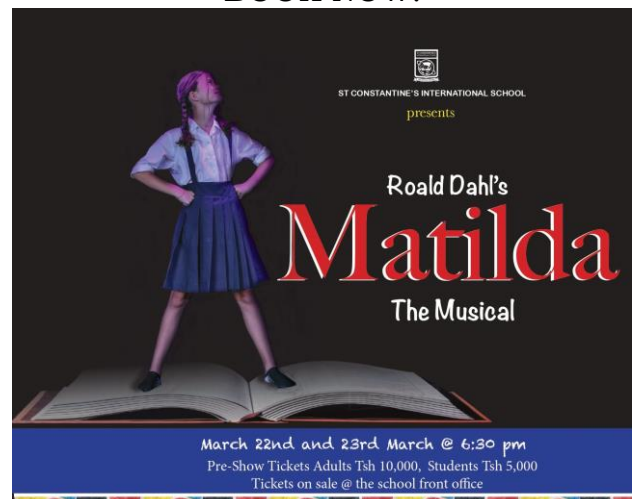


HAVE YOU BOOKED FOR MATILDA?

Our musical Matilda is on a ticket only basis and socially distanced audiences on the night – so don't miss out.

See our staff in cameo roles!

BOOK NOW!





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Collins and Justin (above) were determined to find their prize, while the second team had to use sign language as a source of communication.

Pictured below are Hamze Jamalee, James Okeyo, Layan Dakik, Anjuman Shivji, Arthur Philemon and Zahra Virjee figuring out the next clue.



ROUND SQUARE ROUND UP

A scavenger hunt during PSHE day, for key stage 5, saw students using the twelve discoveries including teamwork, problem solving, tenacity and communication to solve clues and riddles based on Round Square. They also played games, used sign language and arranged themselves in order through their birthdays.

Students worked in groups to figure out the scavenger hunt as a team, and for the second activity they even used sign language as a source of communication.

Pictured bottom right are Maryam Zahir, Sarah Fazal, Eileen Mnyenye, Faraja Laizer, Fatema Suhail and Daniella Kuto - year 10 – who were involved in a Round Square Zoom postcard from Sydney, Australia.

Involved online in this open discussion virtually with pupils all over the world, they discussed where women stand in today's society, learning different perspectives from their sisters of how women are viewed in this world.



They had a broad discussion on gender equality and also a more in-depth conversation as to how we can spread gender equity. In this they used self-awareness and realised that one of the broadest ways to spread the message is by social media as a tool to educate the people around them.

As well as taking part in such Zoom Postcards in the future regarding where women stand in today's world, open discussion with different pupils from Round Square schools should continue as a means of developing awareness and equality action.

**A Round Square elective -
Zealand Art & Craft Exhibition & sale -**
a month-long extravaganza showcasing
Tanzania and St Constantine International
School - in the city of Tauranga, New Zealand.
Any parents who wish to become involved with
helping us gather crafts to ship to New
Zealand, should urgently contact our
Marketing Manager
leonietrubshoe@scis.sc.tz





PSHE ACTIVITIES TEACH SELF ESTEEM TO YEAR 7s

PSHE stands for personal, social, health and economic education. It is a subject in which children learn about themselves, other people, rights and responsibilities, and relationships. St Constantine International held PSHE (Secondary) last Wednesday.

Miss Glory taught Year 7 about PUBERTY AND HYGIENE, with one of the activities being "Pluck the odd one out". Students stood in a big circle as the teacher shared one of the changes in our bodies. Any students who had experienced it would break the chain and form a new smaller circle inside the first one. At the end of the game, students who were left in the outer circle expressed how they felt not being in the new one. This introduced the concept that not everyone experienced puberty at the same time as their peers, and changes vary from one teenager to another.



Miss Lynette continued with teaching them about self-image and self-esteem. They engaged in various activities to explore their understanding of these two sensitive topics. They asked each other questions to extract similarities and differences and how that made them feel. They played games to help them understand what they thought about themselves, what others think about them and what they think about others.

They used the yellow cards (pictured left) to show that they would feel good if someone said something good about them and the red card (below) to show how they would feel if someone said something bad.

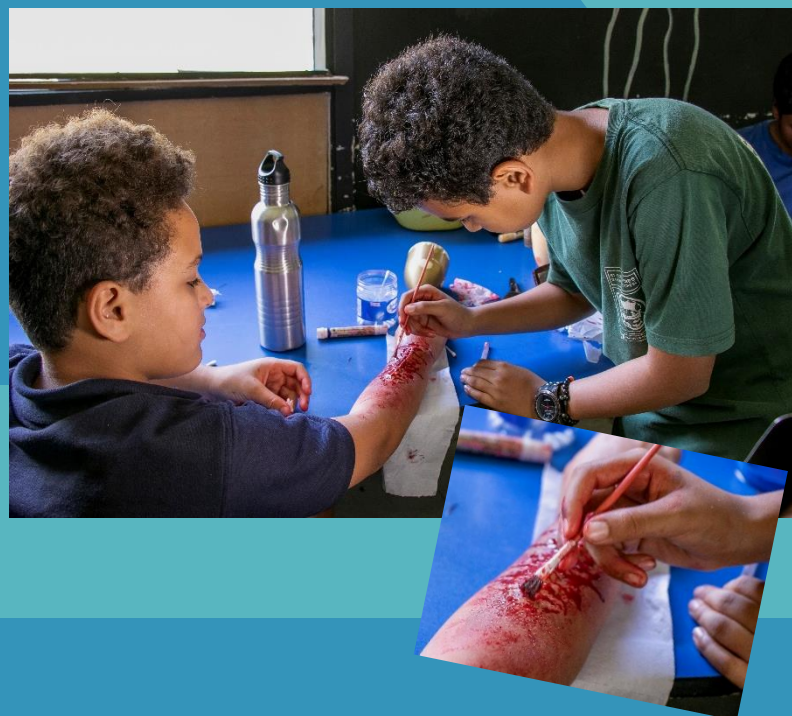
They also looked at 'The Ideal Man/Woman' according to social media. Finally, they looked at some practices to help them maintain a positive image and a positive self-esteem. Lastly, they explored the sub- topic of 'Celebrating my superpowers' where each one had time to reflect on what their most positive aspects were and how they could emphasise them.



BLOODY TRAGEDY DURING DRAMA

Using home-based ingredients, Mr Murunga's drama students created some authentic looking wounds during their make-up and costume lesson - part of their drama studies.

Mohamed (pictured right) prepared the 'injury' for Francois, ready for their tragic skit, while on the next page you can see Amal and Emma help create a fake wound on Elizabeth; and Francois, Michael and Sanjay displaying their finished "fake wounds" ready to perform.





Note:

MATILDA and Battle of the Bands at MAIN CAMPUS - new dates.

WHAT'S ON AT ST CONSTANTINE

March

Wednesday 17	Round Square Postcard Online Meeting (ages 9-11)
Friday 19	Year 5 and 6 Swimming Gala (pm)
Friday 19	5:30-8pm Primary Family Social Evening (Town Campus) postponed
Saturday 20	NTSAA Hockey Festival at SCIS U9 - U11
Monday 22 – 26	Primary School Assessment Week Nursery – Year 4
Monday / Tuesday 22 – 23	Secondary School Musical Production MATILDA
Tuesday 23	Year 3 and 4 Swimming Gala (pm)
Wednesday 24	Secondary Fashion Show postponed
Wednesday 24	Lower Primary Swimming Showcase (am)
Wednesday 24	Secondary Swimming Gala (pm)
Thursday 25	Lower Primary Show (Main Campus) postponed to Term 3
Thursday 25	Battle of the Bands featuring Years 4-6 from 4.30pm at Main Campus
Friday 26	1.30pm - School closes for Easter holiday



April

Sunday 11	Boarders return
Monday 12	Term 3 begins for all students.
Monday – Friday 19 -23	Checkpoint exams – Mathematics, English and Science
Monday 26	IGCSE exams begin

May and June

	AS and A level exams
Monday – Friday 21- 25	Years 7 - 10 Activities week

Have you noticed a man with a camera around school lately? Let us introduce Onesmo Daniel, who is taking the photos for our new website to be launched next month. Will you be one of his stars?