



## ST CONSTANTINE'S INTERNATIONAL SCHOOL NEWSLETTER 26, DECEMBER 7, 2020

Karibu Newsletter 26 -

How blessed we are to have such talented students and hardworking staff who have gone all-out this last two weeks to produce even more fun activities, heartfelt service to our community and provide opportunities to show their sporting prowess.

We have celebrated the season through the IDEALS with **Internationalism** representing our holiday greetings of Christmas, Kwanzaa and Hannukah;  
**Democracy** investing power in all the people of the school through thanks and celebration, sport and music, and healthy debate;  
**Environmentalism** with students learning about solar energy;  
**Adventure** as students stepped outside their boundaries assisting with injured animals at animal Rescue, and competing in sports;  
**Leadership** as our secondary students joined in online discussion hosted by a school in India and our Round Square student council led fundraising drives to execute the final IDEAL of  
**Service**, delivering gifts to Faraja Parotti Centre for children with cerebral palsy, advancing their kitchen building project at Kisongo School and collecting shoes for the students of Bandari School.

We look forward to welcoming everyone back in January - having overcome the many challenges of 2020 - as we once again enjoy a successful year.

Merry Christmas - Heri ya Krismasi!  
 Happy Kwanzaa - Matakwa ya kheri!  
 Happy Hannukah - Furaha Hanukkah!

Tony Macfadyen  
 Headmaster



ME RRY CHRISTMAS, HAPPY KWANZAA, HAPPY HANNUKAH

To all our students and their families, we wish you a restful holiday and a myriad of blessings at this special time.

**We look forward to seeing you back on January 5, 2021.**

You can all arrive together (no staggered arrivals this time) and sports uniforms are still the main dress.

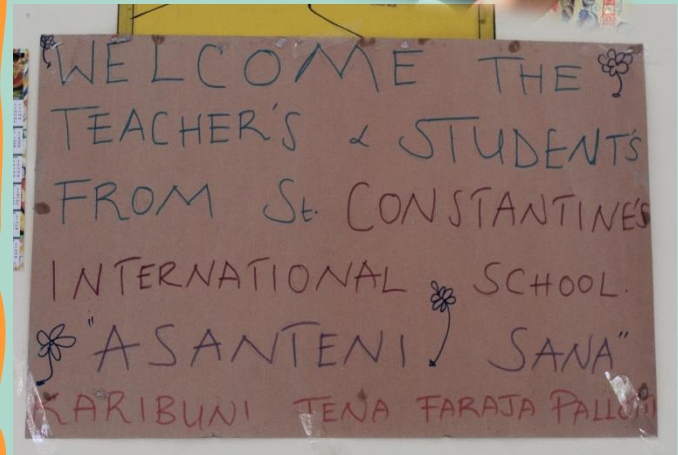




## Faraja Palotti Rehabilitation Centre

As a custom, every year Student Council Representatives pay a visit to Faraja Palotti Rehabilitation Centre for children with cerebral palsy, to deliver Christmas hampers to the Mamas and children as a way of extending the spirit of giving to our community. They spent time playing with the children too, reminding their mothers that they are still thought of especially during these special times.

Pictured are James Okeyo and Kushan Raja (top) Layan Dakik and Anjuman Shivji (below), Nathan Kassian (also pictured on front page) Anjuman and Karishma Patalia load the hampers under Mrs Mbugua's supervision (top right) while Zainab Suleman chats with one of the Mamas.







## BANDARI SHOES

Thanks to all the parents and children in Primary who generously donated their used shoes for our latest service project to provide shoes for children at the Bandari School and Project in Mto wa Mbu.

The shoes will be collected by the Project Manager, Glory next week to distribute to the children for the start of the next academic year. The school shoes will be invaluable to their students, and the other trainers and dress shoes will be great for sports and weekend wear.

If you want to contribute, it is not too late. Shoes can still be brought into school at main campus reception.



## ANIMAL RESCUE:

*From a 204 year old Galapagos tortoise to baby ostriches, a group of Year 13 students had the privilege of seeing precious Tanzanian wildlife recuperating at C.R.E.W. (Centre for Rescue, Education and Wildlife in Tanzania) in Moshi, as part of their A2 Biology course.*

*Their tour started with owls, peacocks, horses and a wild pig and the stories of how these animals were rescued and nursed back to health, but later they were enthralled by the bigger animals like a "Handsome" the cheetah, the baby ostriches, the Galapagos tortoise and four baby elephants.*



Galapagos dance off – Emmanuel and his 204-year-old dance partner at C.R.E.W. (above); Nahlah with the dik-diks (below) Nefertiti checks out the donkey amongst the zebras, while the animals (right) go about their daily routine.

*Students were able to watch the animals at play and*

*feeding time, witnessing conservation in a real life and in the local context. The centre aims to return as many animals as possible back to the wild in West Kilimanjaro and only keep those who have been too badly injured to survive in the wild.*





## SWIM GALA



Last Friday, St Constantine's International School hosted their swimming gala, along with students and teachers from Kennedy House. It was a very successful event and everyone had a great time catching up after such a long time of not having inter school sports due to precautions regarding the Corona pandemic.



School representative swimmer Elijah Marandu Yr 5 (top left) was in fine form, as were David Mosely Yr 7 breaststroke (left) and Nassim Din Yr 3 (top right) back stroke; while headmaster Mr Macfadyen (right) kept track of the winners and the excitement of the day.



## PSHE

The Y8 students got the chance to learn about puberty, health and hygiene in PSHE last week. Students learned about hormone changes in their bodies and how they affect them, as well as the importance of keeping their bodies clean.





## KISONGO SCHOOL KITCHEN

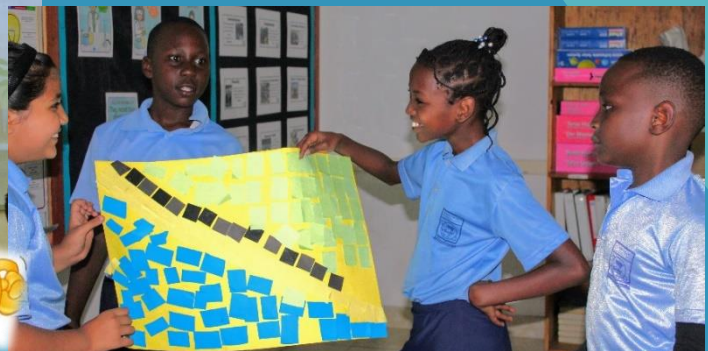
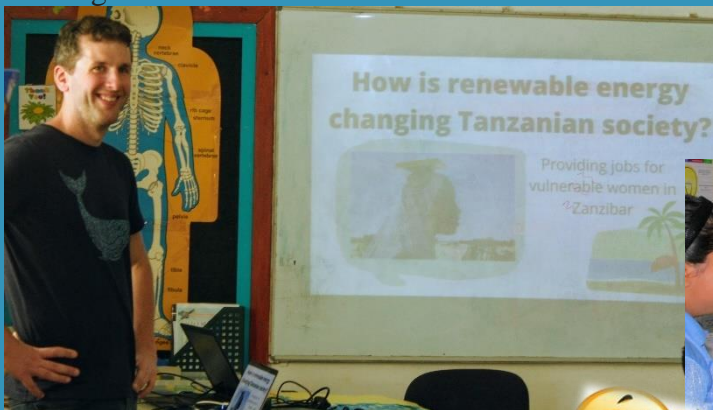
The ongoing project of building a kitchen for Kisongo School was boosted last week when Student council representatives visited to see how the project was progressing. The students have been involved with raising funds for the building, as well as both students and fundis from St Constantine's helping with the process. Despite the rain, Primary Head, Mr Murray, squeezed his Primary Student Council representatives under the umbrella so they could still undertake the inspection.

The great umbrella challenge with Mr Murray (left). Our students gather outside the old Kisongo kitchen, still in use now (right) and the new kitchen, currently under construction (bottom right) thanks to their fundraising and the St Constantine's building team, pictured with teachers Misses Felister and Athica.



## SOLAR ENERGY IDEAL

5E Students were fortunate to have Mr Adam from the UK as a guest last week. A solar engineer he explained to them how solar energy works and why it is a sustainable source of energy. During their IDEALS time, they had fun designing their own solar farm with a symbol of the country of their choice. Most chose the Tanzanian flag and Mount Kilimanjaro. Environmentalism Round Square Ideal keeps taking over the school!



## DEBATE:

There was a spirited debate between the Year 9s and 10s on the motion *"The Death sentence should be activated in all countries"*. The winners, Year 9, were praised for their *"outstanding use of language skills and in-depth research of the topic"*, by the judges were: Mr. Muchela, Mr. Murunga and Ariel Madoda. The presenters were: (Yr.9) Vedanshi Joshi, Joanne Mtui, Elizabeth Mwati (Yr 10- Gabriel Elumba, Mark Kimei, Sarah Fazal and Crysta Mwaniri.





## Round Square Conference online with India – “A Step Forward”



Secondary had their first RS virtual conference last month, hosted by SAI International School. It was an exciting introduction for our students who enjoyed both the guest speakers and the baraza sessions.

Our representatives consisted of Nefertiti, Tadiwa, Karen N., Ariel, Vanessa, Sharon - who joined from our secondary computer labs; and Cynthia, Cedrina, Lorien and Shanisa, who connected from laptops elsewhere in the school. Our connection to the conference was organised by Mrs Wint, who also took charge of the St Constantine's facilitators for the global conversation in October, which sadly had to be cancelled due to a bereavement.

*Our hardworking staff were recognised with a small party in the dining hall and special gifts showing the appreciation of students and fellow staff members for those who perform above and beyond expectations. Each staff member had to write a name of someone they think deserved to get recognised for their hard work and those with the most votes received special awards.*

*Students council representatives were involved in making the presentations for their dedication to the school, as well as Mr Macfadyen. The men received T-shirts, while the women were presented with dresses, which they wore to the final staff function for the year. See the photograph next page*

*Mr Macfadyen presents special gifts with shukas to Bakari Saidi (above) and Mahmoud Ally (above right) security guards who left with the change of security company; and Sebastien (below right) an intern in the PE department. Below Nahla thanks Rose (left) the invaluable master of the front office ... and helper wherever she is needed, and Deborah (middle) joint manager of the facilities and ladies working on site; while Karen thanks Neema, a matron at the boarding house.*







*Kushan thanks Edmick (right) a driver and gardener, and Juma (left) a valued tailor.*



The Fundis were on a roll when they beat the teachers at football 1 – 0 ... Perhaps because they borrowed our star student player James, seen left in control of the ball.







Students enjoyed some fun-filled sports days with Secondary on Wednesday and Primary over Thursday and Friday. Some of our many budding athletes included runners Sam Macfadyen (above left) and Marham Zahir (above right), Nabeel Anastasatos (above) on shot put and Wundeh Eno (right) with javelin.



The Christmas spirit was alive and well at St Constantine's as children of all ages made posters to celebrate the three holidays and a stirring carol service was enjoyed by all. Here are some of our beautiful singers: Benny Kpaossou (left) Irene Kimela (far right) and Winnie Mfinanga (right); as well as a sampling of the lovely posters made from Yr 1 upwards.

