

ST CONSTANTINE'S INTERNATIONAL SCHOOL NEWSLETTER 25, NOVEMBER 23, 2020

Karibu Newsletter 25 -

As you will see it's another full and exciting edition, highlighting lots of great things that have been happening in and around school.

Sport has (tentatively) restarted with new extra-curricular clubs at school and some one-on-one tournaments against fellow international schools; e.g. our U-9 to U-13s had a great athletics tournament at Kennedy House on Friday. A number of staff, students and parents represented us with distinction at the Rotary triathlon last week - well done to all for participating and to a number of winning performances.

In another sphere our Creative Arts colleagues have cast our students for the senior school production 'Matilda' and rehearsals and learning of lines has begun in earnest! My thanks to Ms Wint, Ms Marandu and the Round Square students who put on an exciting week of activities to celebrate Diwali, which was a wonderful celebration of culture in line with our IDEALS.

While Kenya is considering abolishing boarding schools from January, afraid they will become Covid-19 infection hotspots due to sub-standard conditions, our boarders are safe, happy and successful. If you are aware of families who might find themselves without a clean, safe, boarding school for their children, please let them know that St Constantine's still has some vacancies. According to the Aitri Capital Newsletter, Kenyan Education CS George Magoha has told MPs the ministry will take drastic measures, including scrapping boarding facilities, to keep children safe. See Page 8 of this newsletter to see how our students - in contrast - are enjoying their boarding school life.

Best wishes,
Tony Macfadyen,
Headmaster



SCIS MOBILE PHONE POLICY - Please see our website: <http://www.scis.sc.tz/policies/>

Mobile phones are not permitted in the Primary school, so the policy applies to the Secondary school. The widespread ownership of mobile phones among students requires that school administrators, teachers, students, parents and guardians take steps to ensure that mobile phones are used responsibly. Our policy is designed to ensure that potential issues can be clearly identified and addressed, ensuring the benefits that mobile phones provide (such as increased safety; communication with home) can continue to be enjoyed by our students. Students, their parents, or guardians, must read and understand the Acceptable Use Policy **before students are given permission to a bring mobile phone to school**, and also applies to students during school excursions, camps and extra-curricular activities.



WHAT IS DIWALI?

– the Hindu festival of lights – a celebration of the triumph of light over darkness and good over evil

As Diwali symbolises the victory of light over darkness, knowledge above ignorance and hope above despair, this translates into the illumination of houses – decking the classrooms and boarding house in lights and colours, giving Diwali cards to family and friends, and enjoying delicious food together—all to welcome in the Hindu New Year and appreciate light and joy.

Our students celebrated by: **Cleaning out the classrooms** – see Mr

Tozer and Mr Kalule hard at work (left).

As a celebration of new beginnings, it's traditional to clean up your home

and business as a kind of cleansing ritual, preparing for a fresh new start. This cleaning is a way to purify your environment and make way for the fresh, positive energy of Diwali and the new year.

Creating colourful symbolic chalk drawings on the paths and trees outside the classrooms.



Drawing footprints and handprints to scatter through the class – a

traditional way of awaiting the arrival of Lakshmi, the goddess of wealth – see Jeremy Mkina and Shedson Mofulu (Y7) – hand painting a tree outside the science labs

Drawing bright, colourful rangoli designs – Students sketched out a design

on a piece of transparent parchment paper, then sprinkled coloured sand or dried rice over it, or dyed materials using food colouring. Rangoli is a traditional work of art and decoration often depicting beautiful, symmetrical flowers like lotuses and daisies and typically placed just inside the entrance way of your home.



Free dress international day saw teachers and students representing their own countries....



..... or appreciating the costumes of others like Zehra Virjee and Nahlah Faisal (above right); Mrs Tozer, Ms Lucy, Mrs Murray and Ms Wint (above) with Oliti Fufa in her traditional Ethiopian dress (right). Diversity at St Constantine's International School offers the opportunity of learning and being open to different cultures.



The Joshua family (above) created colourful Rangoli designs

Diversity day introduced children proud of their heritage such as Wundeh Eno Year 12 on the front page. His style is aka 'toghu' which originates from the North West Province of the Cameroon, and is widely recognised as Cameroonian traditional clothing. All the designs are embroidered by hand. Zainab Suleman (front page) wore Maasai dress, while Danen Faisal (far left) wore a Yemeni abeya as did Karen Olotu, and Nahlah Faisal (below right) with Ziyad Bathawab in his Yemeni cultural dress. Avigna Banerjee (centre) wore Punjabi Indian.



Mr Daudi (below) makes flowers to brighten the computer lab



Priya Rajesh Karavadra wears her Indian Sari (left above), Ayanah Suleman(middle) wears the garb of the Swahili from the coast, Alina Fazal (right) wears traditional Indian dress and Joshua Ng'aboli - Y2 - was visiting from the Main Campus in his Maasai cultural wear.



Celebrating Diwali with dance – Athens (right) and Sparta (below) perform a Swahili welcome; while Yr 7 is engrossed in hand painting (below right) and Maria Amon taking charge (below left middle).



Oopah! The Sparta Greek team is led by Martinos Mavromoustakis (left); while the Olympia Indian dance (above) has Mr Daudi swinging his hips.



Diwali cards were created by the boarders (right) and Ms Mwanaisha - Assistant Matron, Brayden (Yr 2) and Miss Glory - Residence Boarding Assistant (left).



MATILDA – THE MUSICAL rehearsals

Our students were hard at work this week rehearsing their songs and scenes for the up-coming musical MATILDA

'Matilda The Musical', even though it is often aired during pantomime season, isn't really a panto, even if it has some hallmarks of that genre.

Based on Roald Dahl's novel 'Matilda' (first published in 1988 and turned into a film directed by Danny DeVito in 1996) the musical was commissioned by the Royal Shakespeare Company and has music and lyrics by Tim Minchin. It is the story of an unwanted daughter who turns out to be something of a prodigy.

Matilda is a little girl with astonishing wit, intelligence and psychokinetic powers. She's unloved by her cruel parents but impresses her schoolteacher, the highly loveable Miss Honey. Over the course of her first term at school, Matilda and Miss Honey have a profound effect on each other's lives, as Miss Honey begins not only to recognise, but also appreciate Matilda's extraordinary personality. Matilda's school life isn't completely smooth sailing, however – the school's mean headmistress, Miss Trunchbull, hates children and just loves thinking up new punishments for those who don't abide by her rules. But Matilda has courage and cleverness in equal amounts, and could be the school pupils' saving grace! **KEEP AN EYE OUT FOR BOOKINGS. Matilda is a performance not to be missed!**



MT MERU MARATHON

Ms Maina, along with students Ume Kulsum Fazal and Eileen Mnyenye (Yr 10) took part in the Mount Meru Marathon last month. Ms Maina ran 10k, while Ume and Eileen ran 6k. Ms Maina said she enjoys participating in marathons.

"I had a great experience. The trail was good, the weather was cool, not too sunny and that made for good running, especially as the event was also well organised," she said.





Remembrance Day

Mrs Tozer's Year 7 and Year 9 History students have been learning about the sacrifice and service made by the armed forces and medical teams during war, with a special focus on WW1. Muhammed Karim (Yr 7) wrote this poem for Armistice Day.

Remembrance Poem

In the Flanders Field lie the Poppies,
A Symbol for Hope and Peace,
Red and Green and Black,
Growing on the ground where blood was shed,
In the sad and horrific place grows the symbol that stands out.

On 11 November at 11am it's Armistice Day,
People remember when others sacrificed themselves for their
country,
Crying and mourning for their dear ones.

Red Poppies a symbol for Blood,
Red stands for the emotional and physical injuries,
Black represents the mourning,
Green stands as Hope for Peace.

Purple Poppies a symbol for animals
Purple stands for the animals that died at war
Black for mourning
Green represents Hope for Peace

White Poppies a symbol for the dead,
White represents as the victims of war,
Black stands for Mourning.

KENNEDY HOUSE CROSS COUNTRY and ATHLETICS – OUR WINNING STUDENTS OF ALL YEARS AND SIZES



Primary Cross Country @ Kennedy House - St Cons 'placed' in the 4 categories of U7, U9, U11 & U13.
-Olivia Murray 1st - U7 girls 1K
-Sherdon Mofulu 1st - U7 Boys 1K
(our littlest runner pictured right)
-Julieth Mfunanga 1st - U9 Girls 1.5k
-Ethan Murray 2nd - U11 Boys 3.5K
- Magda Waitara 1st - U13 Girls 3.5K



*Friday
13th Nov -
Primary including U13 - Athletics vs Kennedy House. St Con's visited Kennedy House with the aim of having a go at as many events as they could, with scores and positions less important. However, there were several notable performances such as: Daniel Tindamanyare U13 Boys with Four 1st places in 100m, 200m, Shot Putt & Discus plus relay ; and a huge congratulations to the relay teams who won 7 from 8 relays.*

Other winners were:

<i>Megan Wenga</i>	<i>U7 Girls</i>	<i>1st 50m & 1st 150m</i>
<i>Shedon Mofulu</i>	<i>U7 Boys</i>	<i>1st 150m</i>
<i>Joseph Mangeni</i>	<i>U7 Boys</i>	<i>1st 100m</i>
<i>Sakiyna Shahbhai</i>	<i>U9 Girls</i>	<i>1st 50m</i>
<i>Hansel Mwapachu</i>	<i>U9 Boys</i>	<i>1st 75m</i>
<i>Ethan Murray</i>	<i>U9 Boys</i>	<i>1st 150m & 800m</i>
<i>Adrian Ochiengi</i>	<i>U9 Boys</i>	<i>1st 300m</i>
<i>Gillian Ngonja</i>	<i>U11 Girls</i>	<i>1st 75m</i>
<i>Mirabelle Lyatuu</i>	<i>U11 Girls</i>	<i>1st 300m</i>
<i>Samuel Kambangu</i>	<i>U11 Boys</i>	<i>1st 75m</i>
<i>Amani Marwa</i>	<i>U11 Boys</i>	<i>1st 300m</i>
<i>Rosemarie Petro</i>	<i>U11 Girls</i>	<i>800m</i>
<i>Pauline Wenga</i>	<i>U13 Girls</i>	<i>1st place in 100m & 400m</i>
<i>Nelson Mfumukeko</i>	<i>U13 Boys</i>	<i>1st place in Long Jump</i>
<i>Line Halstrup</i>	<i>U13 Girls</i>	<i>1st place Javelin & Long</i>
<i>Jump plus relay</i>		
<i>Elizabeth Tozer</i>	<i>U13 Girls</i>	<i>1st place 200m plus relay</i>
<i>Magda Waitara</i>	<i>U13 Girls</i>	<i>1st 800m plus relays</i>



Mr Macfadyen with son Sam and Mr Tozer (above) before the run; Elijah and Owen Marandu (below) Sam Macfadyen (centre below) and Mr Tozer (left below).

THE ROTARY TRIATHLON:

The Rotary Club of Arusha West organised a triathlon on November 7 and raised more than 8 million Tsh to go to their community projects on the West Side. St Constantine's teachers and students performed brilliantly with winning families including the Marandu twins, the Godbouts and the Macfadyens. The results were:

Elijah Marandu- 2nd place U13 Male

Tony & Sarah Macfadyen -3rd place as an amateur team

Sam Macfadyen- 2nd place U19 male

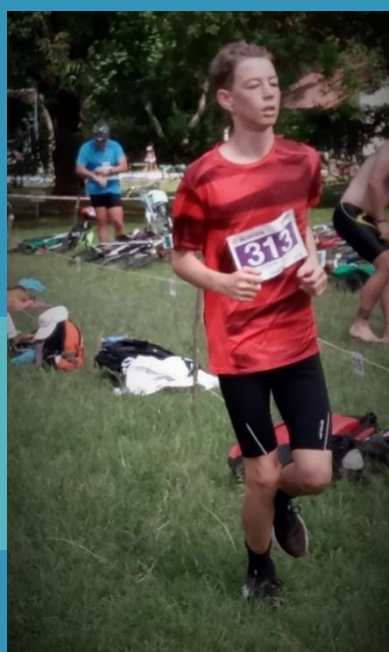
David Tozer- 3rd place 50+ male

Michael Murray- 4th place amateur male

Francois Godbout - 11th place U13 Male

Ettienne Godbout - 3rd place U13 Male

Owen Marandu - 6th place U13 Male





Jimmy Mwangi and Myra Namulala represented the whole Year 5W by surprising Mr Murray with veggies that they grew during IDEALS. The students presented them to him on behalf of all the teachers as there were not enough for them all.

On Friday, Mrs Marandu's Year 3 Class put their English theory into practice by following a recipe with a list of instructions to make Fruit Kebabs. They identified the features of the text including the "title", "what you need" and the "steps in order" and then looked for the imperative "bossy" verbs such as "cut, put, place, separate, dip" to complete the task. The fruit was dipped into yoghurt and they certainly made the taste buds tingle with the delicious seasonal fruit.



Renita Richard, from Ms Lynette's Yr 4, made a personal monster and used it to learn body parts from a YouTube video. She then shared her newly acquired vocabulary with the class.



BOARDING IS FUN

