



ST CONSTANTINE'S INTERNATIONAL SCHOOL NEWSLETTER 16, MAY 2020

Hello everyone! Karibu Edition 16 !

Just to remind you we are closed all this week for half term (25th - 29th May).

Have a safe and happy time. Try to keep your children away from their screens where you can!

School resumes on Monday 1st June.

The Government have now said 6th Forms (only) can open from June 1st and this is something we are reflecting on.

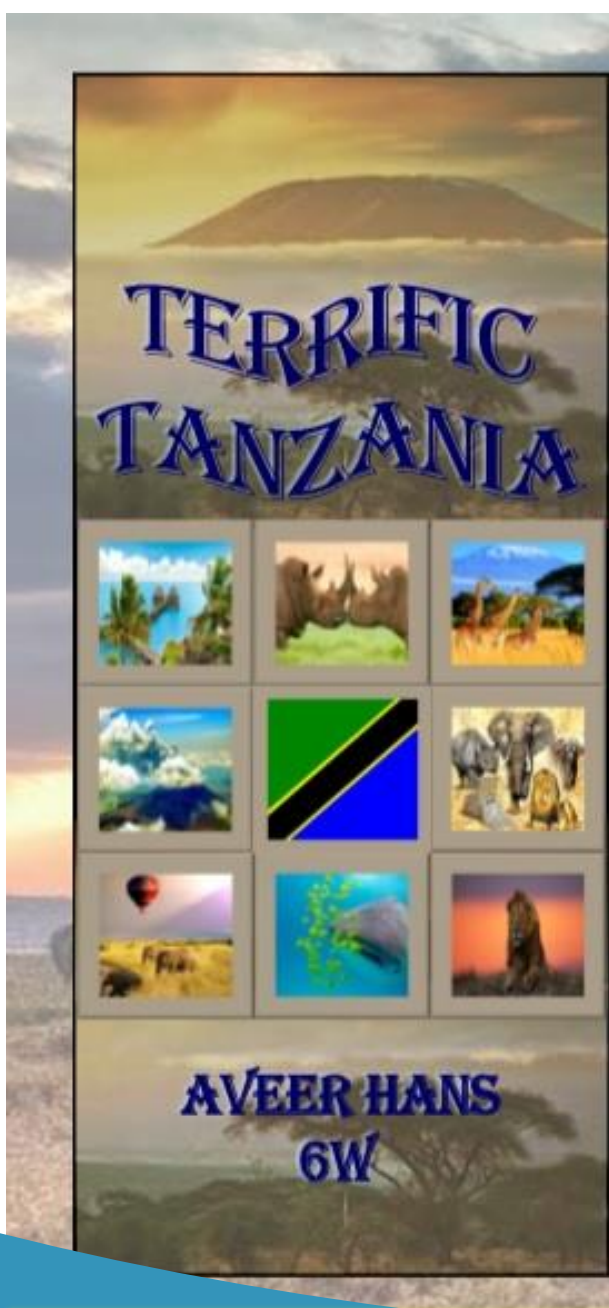
Results from the recent Parents' survey showed 75% of parents were not confident to send their children back to school at that time. This was consistent across all year groups.

So, ONLINE learning will continue for ALL this first week of June at least.

In these testing times we are thinking of you and working to ensure your children get the best – and safest - education possible in order to succeed in being our leaders of the future.

Best wishes,

*Tony Macfadyen,
Headmaster*



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School resumes on Monday 1st June with ONLINE learning continuing.**

reviews

"Tanzania - Classic African Safari Destination"

"Tanzania - migration highway"

"Much More than a Migration Destination"

"One of Africa's Greatest Parks & the Annual Wildebeest Migration"

"Classic Tanzania"

Tanzania

Tanzania is one of the East African countries, with hold one of the amazing national parks filled with the animal that you will never see any other place other than Tanzania. Tanzania has the best guide that they will make you feel welcome while you have the taste of Tanzania wildlife, history and culture.

TANZANIA

You will be amazed

Be ready to be driven in the world of above your imagination



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Year 6 Inquiry Unit – TOURISM -

which accounts for 30%+ of the GNP in Tanzania

As part of their INQUIRY study, Ms Ojoo's year 6 students have been studying about Tourism, and after looking at Tanzania, they created brochures to sell Tanzanian "Hotspots".

It is the creativity and passion of young students like this, who will help the recovery of tourism in Tanzania and overcome the damage of the corona virus to the industry.

Ngorongoro Conversation Area

Ngorongoro national park is on the northern Tanzania and was once a volcano that collapsed while erupting two million and half years ago and now it turned to be an attractive destination with its gripping animals not forgetting the big five and other wild animals.



Serengeti National park

Serengeti or Siringeti (in Masai language means end less plain) is one of the best and leading national park in Africa due to it big event every year when a migration happens thousands and millions of animals parade between Kenya and Tanzania but some do not make it.



Mountain Kilimanjaro



when will your hike be

in the northeast of Tanzania is one of the seven summits of the world due to the mountain Kilimanjaro being the highest mountain in Africa by 5895 meters and also mountain Kilimanjaro is the highest free standing mountain in the world. on your way to your hike you will spot animals such as giraffes, elephants, and much more

FOOD

There are many types of national foods of Tanzania that include a lot of different varieties such as wali (rice), ugali, samaki (fish), pilau (rice with mixed spices) and many more. There are many tribes in Tanzania so the national food might depend on where you come from.



HISTORY



Around the 17th century began growing the business of slavery. In the first half of the 19th century Bagamoyo became a trading port for ivory and slave trade, with traders from the African interior, from places as far as Lake Tanganyika and Morogoro on their way to Zanzibar.



TRAVEL TO TANZANIA



Mt Kilimanjaro is a dormant volcano located in Arusha where it is the tourists main attraction to climb Mt Kilimanjaro. Kilimanjaro is the tallest mountain in Africa and one of the world's tallest free standing mountains in the world. Tanzania consists of many national parks such as Serengeti, Ngorongoro and Gombe national park where visitors from all around the world come to see. The parks have different varieties of animals.

Brochures: above left by Christian Shemkai, above by Maya Mazula, below by Mikael Allidina, front cover of newsletter and following page by Aveer Hans – all 6W students.

Tanzania

The dream destination

KILIMANJARO



Tanzania

Tanzania is home to some of Africa's most famous national parks and natural attractions like: magnificent Mount Kilimanjaro, spectacular Serengeti and Gorgeous Zanzibar.

Top 3 places to visit in Tanzania

Mount Kilimanjaro

It is amazing to stand in awe of this beautiful snow-capped, jagged peak, and for many to climb and enjoy the adventure of getting the summit. Mount Kilimanjaro is Africa's highest peak (5895m). The highest point is Uhuru peak on Kibo, which is one of the seven summits of the world. The slopes of rainforest are home to buffaloes, leopards, monkeys, elephants and eland.

This was such an incredible experience! I signed up to climb alone and I felt very nervous about going because I am a 23 year old girl. It was challenging and fun and exciting and absolutely wouldn't have been possible without the amazing team of Climbing Guides.



Serengeti

It's most famous for the annual wildebeest migration but you can also see the Big Five here, and nearly 500 species of birds have been recorded on the Serengeti. The annual migration of over 1.5 million wildebeest and hundreds of thousands of zebra and gazelle takes place. This migration is one of the most impressive natural events and the primary draw for many tourists.

With its natural splendor and greatest concentration of game you are ever likely to see, the Serengeti is faultless as a safari destination.
Lizzy William



Zanzibar

Part of the Zanzibar archipelago, which consists of the islands of Zanzibar and Pemba, this island has some of the best beaches in the world. The historic city of Stone Town, known for old Arabian townhouses, narrow alleyways is located in the heart of Zanzibar.

Everything about Zanzibar appeals to me. The history, the culture, the beaches, the activities and the flavorsome food. It's the perfect place for immersive travel so it ticks all my boxes! Plus, it's absolutely beautiful.

Henri.



Tanzania | Karibu

Tanzania got its name from the Swahili word 'Tanganyika' which derives from two words Tanga meaning 'sail' and Nyika meaning 'wilderness', therefore creating the phrase 'sail in the wilderness'. Why not come sail in the wilderness we call home

Tanzania is home to Africa's highest mountain Kilimanjaro and National Parks rich of wildlife. Offshore lie the tropical Islands of Zanzibar and Mafia with an Arabic influence. Tanzania is a perfect historical African Haven.

Ngorongoro Conservation Area - Amazing sites worth visiting, connecting with natural wilderness, wildlife and the human heritage ... what a superb combination!

@Ngorongoro Crater

It is the world's largest intact volcanic caldera and home to the highest density of big game in Africa, making it the world's natural wonder of the world. This crater was formed about 2 million years ago. Around 35km away lies the Olduvai gorge, where famous discoveries have been made of early humans. Another 45km a head lies Oldonyo Lengai.

Oldonyo Lengai - Oldonyo Lengai, 'Mountain of God' in the Maasai language, is an active volcano located in the Gregory Rift, south of Lake Naivasha. A few kilometers away from the mountain lies a spectacular rare site of well-preserved human footprints left in the mud



19,000 years ago. This is a treasure trove trying to tell the story of humankind's earliest days.

@Serengeti

Serengeti National Park is famous for its annual 'breath-taking' migration of over 1.5 million wildlife. It is one of the greatest wilderness areas in the world with a magnificent diversity which can be captured in a hot air balloon safari. Abundance of animals, from the Big Five, lion, leopard, elephant, buffalo and black Rhino to giraffe, Grant's gazelle, impala, kongoni, topi, and eland are to be seen.



Most safaris to the Serengeti start from Arusha town, there are regular flights to air strips inside the park and it is also possible to drive 325km, about an 8hr journey of a bumpy scenic ride and wildlife on the way. This drive takes you through the Ngorongoro Conservation area.

Ruaha National Park

Ruaha national park is one of the few Tanzania's famous 'untouched' wilderness areas where one can have a rare experience of game viewing spiced up by the fascinating landscape. The park is rich of plants and animals such as Greater Kudu which cannot be found in any other national park. The easiest way to get to Ruaha is by a chartered flight and can connect to other parks and coastal destinations as well.



Kitulo National Park

Locals refer to Kitulo Plateau as Bustani ya Mungu - 'The garden of God' - while botanists have dubbed it the Serengeti of flowers - host to 'one of the great floral spectacles of the world'. Kitulo is indeed a rare botanical marvel, home to full 350 species of vascular plants, including 45 varieties of terrestrial orchid, which erupt into a riotous wildflower breathtaking display, during the main rainy seasons of late November to April. This is 45mins away from Ruaha.



Mount Kilimanjaro

The Highest Freestanding Mountain in the World, towering at 5,895m. Kilimanjaro is also known as the 'Roof of Africa'. Many climbers especially enjoy the spectacular sunrise while heading up to the summit, an incredible sight worth experiencing. It is viewed from



above the clouds, as climbers approach Uhuru Peak in the early hours before the dawn. There are three volcanic cones on Mount Kilimanjaro: Shira, Mawenzi and Kibo, each with a beauty of its own.

Popular Tanzanian Experiences

"It was wildest, untouched Africa and Tanzania was magic" - Jane Goodall

"There are few places in the world that can offer to beyond your expectations, Tanzania is one of them." - Will Smith

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Zanzibar

Zanzibar is the home of sandy majestic beaches with perfectly pleasant weather. This island is renowned for clear warm waters, coral reefs and rich marine diversity making it a perfect under-water destination for snorkeling and diving. A paradise worth visiting. Zanzibar is just a short flight away from the mainland and ferries are also available every 1 to 2 hours from Dar es Salaam.



Mafia Island

Mafia Island is in the Indian Ocean, south of Tanzania. On the Southern part of the island lies the Mafia island marine park, which is an excellent world class diving destination with some of the richest reefs in the world. home to wildlife such as whale sharks. There are daily flights from Dar es Salaam which take 30 mins to Mafia Island. The other option is by ferry.



Round Square Cross-Cultural Collaborative Art project between SCIS and Buckingham, Browne & Nichols, Cambridge, Massachusetts, USA

Sasha Bergmann – a Ceramics, Art for Social Change and Clay Club teacher at Buckingham, Browne & Nichols, Middle School, Cambridge, Massachusetts - and Geoffrey Namulala – our own curriculum coordinator Creative Arts - had planned a cross-cultural collaborative ceramic art project at St. Constantine's International School in June. They had planned to create a curriculum for a Key Stage 3 class anchored on the Round Square

Ideals, and then identify a middle school class that they could teach collaboratively.

Then in mid-June, Sasha was to come to Arusha for three weeks to help develop our Ceramics program as part of the exchange. Unfortunately, due to the Corona virus this could not happen as planned and therefore they decided to do it online. So, twice a week, for the last three weeks, they have been meeting via zoom to work on a recycling Art project, which they hope to finish before BB& N closes for the summer holidays.

“The main goal of this project is to nurture

originality and confidence through collaborations and to encourage artistic expression and diversity in our students,” Mr Namulala said. “It has provided our students with opportunities to collaborate with classmates from a different context, enhance their international understanding and global competencies.”

The class is pictured above Zooming in from their various homes, while Mr Namulala and Ms Bermann check in right.



The creativity of 6W knows no bounds.
A poem by Evelyne Nyika

A little seed

By Evelyne Nyika 6w



A little seed,
For me to sow,
A little earth,
To help it grow,



A little sun,
A little shower,



A little while,
And then a flower!



Above: Ms Revest keeps up the PE Challenge -
check in to our Facebook page to see how well she is doing ☺
Are you keeping up?

While below: 8A student Vedanshi, laments the time back in
school and looks forward to the day she can return.

VIRTUAL SCHOOLING



There was a jolt of excitement in my body when I first heard about virtual schooling.

Those dreams to sleep till late,
And wearing that same old uniform would frustrate.

Freedom to do everything at my own will,
Emerging loudly and begging to be still.

When the world seems right and true,
There comes this sinking truth,

With no means of rescue,
Everything seems so untrue.

How I miss those special friends, and truthful guides.
Teachers and friends is what I would call them, if going to school would
have still been the same.

Those teasings from friends and scoldings from teachers
How I wish I could go to school again.

Like my life had gone from color to hues of grey,
Oh, how... I wish I could go to school again.

By: Vedanshi Joshi 8A

REMINDER: We are trying to get in contact
with all our former students, teachers,
interns and staff.

If you know any, please either get them to
forward their names, emails and phone
numbers to Lucy: lucybayo@scis.sc.tz or
please send them yourselves and we will
follow up. Thank you.



St Constantine's goes truly international

During these days and weeks of protecting our students from Covid 19 (corona virus) some of our teachers and staff have been caught under lockdown overseas during their mid-term break and were unable to return. However, this didn't stop them from continuing to teach their classes and, despite the time differences, being available to their students as needed.

Time differences between Tanzania and the countries where our staff have been located mean that our weekly staff conferences start at 3pm in Arusha for teachers here, are the same for the teachers in Kenya, Uganda and Latvia, but 1pm in Great Britain, 8 am in USA, and – for our Marketing Manager Ms Lee – it is 12 midnight in New Zealand !

Pupils now get to share a little of their teachers home lives as they study online. For example, **Miss Vicky Fisher** is in Ipswich (England), staying with family and goes for daily walks in the countryside with her partner Aaron. “Because of the time difference I get up earlier to start working but this means I am also finished a bit earlier so I can enjoy a long run or walk in the afternoon,” she says. “Getting out every day to explore a new part of Suffolk (the County I am in) is definitely keeping me sane!! It is a beautiful part of the world!” Sadly, she will now not be returning to Tanzania as she is moving with her partner to Cornwall (South of England) once the lockdown is lifted.



“I think it has been difficult not being able to see my students and enjoy their love of life and learning. I really enjoy seeing and speaking with the children from my class via zoom but it definitely isn't the same! I do my best to support them and their parents within my class to ensure they are just doing/completing what they can and ensuring they try to stay safe and active during this difficult time,” Miss Fisher says.

Her colleague, **Miss Anna O'Brien**, is at home in Midleton, County Cork, Ireland. She records videos of herself teaching, discusses schoolwork on video calls with her students and their parents and gives feedback to my students on their exercises.

After her time in Tanzania, Miss O'Brien has struggled to get used to the Irish weather again. “Four seasons in one day!” she says. “One moment the sun is splitting the stones and the next there's wind, rain and mist!” However, she is going for long walks across the fields when the weather allows and has been cooking for her family and reading – setting a good example for her students as she spends time away from the computer and continues with the precious reading time she encourages her students to do.



Across the Atlantic Ocean, we find **Miss Marissa Gutherz** in Pennsylvania, USA, who has been doing Zoom calls from the home classroom she has created. She is usually helped by her new dog Luna, who she and her parents brought home to help them stay cheery during quarantine in the United States.

“She's just 10 weeks old and as some of my students have asked to meet her during our calls. I also try to post photos of her regularly because she's cute,” Miss Marissa says.



Miss Marissa above with her new dog Luna are both excited to be Zooming-in to talk to Town Campus pupils; while Miss O'Brien introduced her little niece, Isla, to her class after she came out of isolation.

Like her colleagues in Great Britain, it has been difficult for Miss Marissa to get used to a change in weather. "It's freezing here still - in May!" she says. However, she bought myself a bike and tries to get outside as much as possible to exercise and have sufficient down-time away from the computer.

During the summer holidays, she will be working for the International Rescue Committee in New York City teaching refugees who were recently granted asylum in the United States.

Singing to oneself is common, but for music teacher and 9A tutor **Mr Daniel Kalule**, (pictured right with his family in lockdown) talking to himself while making videos for his students, is taking a little bit to get used to. Under lockdown in Wakiso TC, Uganda, he is using Google classroom and Zoom to continue teaching. "I enjoy everything about teaching, so whether it is face-to-face with my pupils, or online, I will continue to do it," Mr Kalule says.

He encourages his students – both from class and in his peripatetic programme, to stay home with family and avoid stress. "It is important that my students continue being safe, following government guidelines and enjoying their lives," he says, because "I'll be back!"



IF YOU ARE THE PARENT OF A SENIOR STUDENT AND YOU DIDN'T SEE THE SPECIAL SENIOR NEWSLETTER, PLEASE CONTACT lucybayo@scis.sc.tz FOR A COPY, TO LEARN ALL YOU NEED FOR THEIR IMPORTANT A-LEVEL YEARS.

WHY ARE YOU STUDYING AT ST CONSTANTINE'S?

Our students want to be Leaders – whether in their country, abroad, or in their own home – and they are excited about learning in an atmosphere where they can make friends and have fun, while they acquire knowledge for their future

Our parents want to see their children in a friendly, thriving community with a team of tutors providing a rigorous, yet supportive environment for these all important final two years of their education.

This is a crucial time and parents welcome the all-round person their child becomes through our Round Square activities and enjoyment, tempered with balanced discipline, so our students become self-motivating and develop the ability to be trusted to study unsupervised.



Ant Williams holds the world record for diving under ice.

We place great emphasis on frequent, detailed communication between all parties and treasure our teachers who, between them, encompass a wealth of international teaching experience so our students have an excellent chance to achieve their full potential.

As the world-renowned New Zealand athlete Ant Williams said: ***"I'm not telling you it is going to be easy. I'm telling you it is going to be worth it."***

