

## ST CONSTANTINE'S INTERNATIONAL SCHOOL NEWSLETTER 15, MAY 2020



*Hello everyone! Karibu Edition 15.*

*The focus of today's newsletter is our continuing engagement in learning, despite the closure of the school physically.*

*Since the last newsletter, we have all grown again in terms of confidence and competence in online education. Well done to students and parents / carers for all your efforts!*

*Remember, we all do our best and expectations remain appropriately high, but do not, please, get stressed and anxious over a piece of work. Do not let something get on top of you, or your child. Have a go, communicate an issue to your teacher and move on. No worries!*

*To all in our SCIS family, stay safe and well.*

*Best wishes,*

*Tony Macfadyen,  
Headmaster*

**Please note - the Tanzanian Government has instructed that all schools will remain closed 'indefinitely' or until such time as the spread of Covid 19 has been contained.**



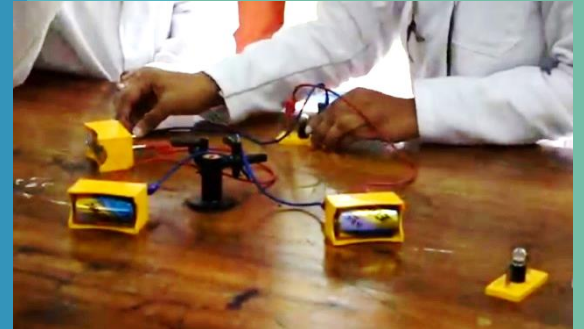


It was a family affair in Lab 4 as Ms Wint's Year 7 science class saw how she used her little son Emmett to demonstrate kinetic transformation. The children of other staff members also became the willing stars of a video sent to all students explaining what energy transformation is.

*From left: Ms. Wint with Emmett, Stacy Mapara, Michael Mapara and Wini Mfinanga learn about energy transformation.*

Each individual volunteer then made their own "energy transformation challenge video" where they explained how energy is transformed, or transferred; i.e. someone falling off a table, or using a battery to switch on a light bulb.

At the end of the video, other students were challenged to make their own energy transformation videos at home – so look out for some stunning examples on Facebook coming up. [Click here](#) to see Ms Wint's and the team's video - Transformation Energy Challenge.



# 5 YEARS EARTH DAY 2020

**was EARTH DAY**  
and the staff of St Constantine's  
planted a tree in commemoration.

**April 22**

Everyone got involved in the ceremony, a symbol of what we can do to save our precious planet.

Did you do something too?  
Please send us your photos so we can show others that you too care for what we leave the next generation.

Pictured front cover is Victoria (Director of Administration) right is Frank (Facilities Manager) and far right, Joseph the gardner shovels the final dirt to secure the tree for future generations of St Constantine's students to enjoy; while left, the Mosely family picked up rubbish along Chesapeake Bay.







## MR MURRAY'S MOIST MONDAY MUFFINS

It was all about family this last week and Mr Murray encouraged his students' families to make time for some baking together. In addition to being a great collaborative activity, recipes involve language and literacy, mathematics and science skills.

*Cooking Class at the Banerjees house – Avigna makes Mr Murray's muffins*

Here is Mr Murray's instruction video to bake

some fantastic muffins which he promises will not disappoint !  
"This recipe is a family favourite in my house," Mr Murray says, "we hope you enjoy them too!"



### INGREDIENTS:

[https://drive.google.com/file/d/1i8v4F4tPg0WhPV20iMQLrunf\\_k12Salx/view](https://drive.google.com/file/d/1i8v4F4tPg0WhPV20iMQLrunf_k12Salx/view)

- 2 cups all-purpose flour
- 1 cup white sugar
- 3/4 cup chocolate chips
- 1/2 cup unsweetened cocoa powder
- 1 teaspoon baking soda
- 1 egg
- 1 cup plain yogurt
- 1/2 cup milk
- 1 teaspoon vanilla extract
- 1/2 cup vegetable oil
- 1/4 cup chocolate chips

### INSTRUCTIONS:

[https://drive.google.com/file/d/1UQjUAw3ugScHWNlob67U55\\_WN0Zg9cB/view](https://drive.google.com/file/d/1UQjUAw3ugScHWNlob67U55_WN0Zg9cB/view)

## YEAR 7 AND YEAR 8 RADIO PLAYS

Is no-one feeling creative? We would love to see some photos of you in costume dressed as your favourite character from one of the BBC Radio Plays; or please send us in a painting, drawing, or picture that you have created.



Chosen photographs and videos will not only feature on Facebook, but once school returns, the winning costumes and pictures will be awarded prizes for their diligence, creativity and enthusiasm during the lockdown.

Please forward all entries by email to [leonietrubshoe@scis.sc.tz](mailto:leonietrubshoe@scis.sc.tz)





## Namibia Round Square Conference

Mrs Mbugua accompanied Ogone, Violet, Nailois and Becky to the Round Square conference at St. George's Diocesan School, Namibia in February, where the theme was "Give Nature a Voice".



The students enjoyed being hosted by local families, who took them to all the formal events as well as a three kilometre hike. With their Barraza groups, the trek included assisting them in encouraging, building and helping different people to climb the mountain.

Keynote speakers at the conference addressed topics such as what the locals are doing to preserve their environment and the different species in Namibia; as well as democracy, crafts and service projects.



Post conference, the students travelled to the Namib Desert, leaving the hotel before sunrise to make their way to the sand dunes. Here they visited the famous Dune 45 – which they climbed - and later Big daddy which is the highest sand dune in Namibia - and they also saw trees which were over 900 years old.

As well as a time of learning, students said the trip to Namibia was filled with happiness and joy, making new friends and enjoying new experiences.

### REMINDER:

We are trying to get in contact with all our former students, teachers, interns and staff.

If you know any, please either get them to forward their names, emails and phone numbers to us, or please send them yourselves and we will follow up.

Email:  
[lucybayo@scis.sc.tz](mailto:lucybayo@scis.sc.tz)



**ARE YOU  
UP FOR THE  
CHALLENGE?**

St Constantine's 30-day Physical Education (PE) challenge starts today! There is still time to sign up and see if you can beat our teachers. Just click the link and sign in:

**[qbztj.glideapp.io](http://qbztj.glideapp.io)**

Check the app each day to see your challenge, then upload the video of you doing it to the 'upload' tab, or send direct to us at **[lucybayo@scis.sc.tz](mailto:lucybayo@scis.sc.tz)** Good luck!



Last week, Headmaster Tony Macfadyen announced that we are able to refund 10% of your Term 3 school fees due to the online learning situation. This refund will stand even if we return to school at some point this term and it applies to all parents.

“10% represents the actual savings that we can make whilst the students are not physically in school,” Mr Macfadyen said. “We have looked at this closely. These savings include: less gas and electricity usage, students not needing a new exercise book to write in, not using paint in Art, not using chemicals in science experiments, reduced photocopy paper, less petrol usage for sports fixtures, and paper towels not being used.

However, as I am sure will appreciate, the very large majority of school costs are fixed so we have no capacity to reduce them: legal compliance to Tanzanian Authorities (e.g. taxes, land rent); staff salaries, school insurance, hire of photocopy machine, iSAMS fees, internet and Wi-Fi, security guards, international staff health insurance, purchasing staff work permits and residence permits and on-going maintenance of the school and site. We are also committed (morally and legally) to repatriating staff who are finishing their contracts as well as bringing out their replacements.

Additionally, costs remain on resources like: Purple Mash, Literacy Planet, dyslexia and dyscalculia software, Thought Box (for personal, social and health education), Fast Tomato (online careers guidance tool) and Round Square, as they are all annual membership costs. There have been additional costs associated with online learning too e.g. Zoom for Education, and commercial websites with online learning resources.

For more information, tune in to the MEET THE HEAD series on line. Mr Macfadyen will be happy to address any concerns you might have.

## Year 12 predicted grades up-date

Head of Secondary, Mr Nderitu, announced last week that we will proceed with all AS entries for May / June 2020 session. CIE will give a grade for all entries derived from predicted grades that we will send to them as school.

The big difference this year is that the grades that students obtain for AS cannot be carried forward to count for the final A2 grade. Their final A2 grade will be derived from A2 exams that they sit in May / June 2021.

For students that sit their exams in October 2020 - either for the first time or as a retake - the grade could be carried forward if they feel that they have done better.

It is important that all work requested by teachers over the next two weeks is submitted on time, as these will count towards the final predicted grade.

Below is a link from CIE on their update if you need to read more details

<https://www.cambridgeinternational.org/news/news-details/view/update-for-cambridge-schools-on-june-2020-series-22-april-2020/>

Please contact Mr Nderitu or Mrs Macfadyen if you require more details.





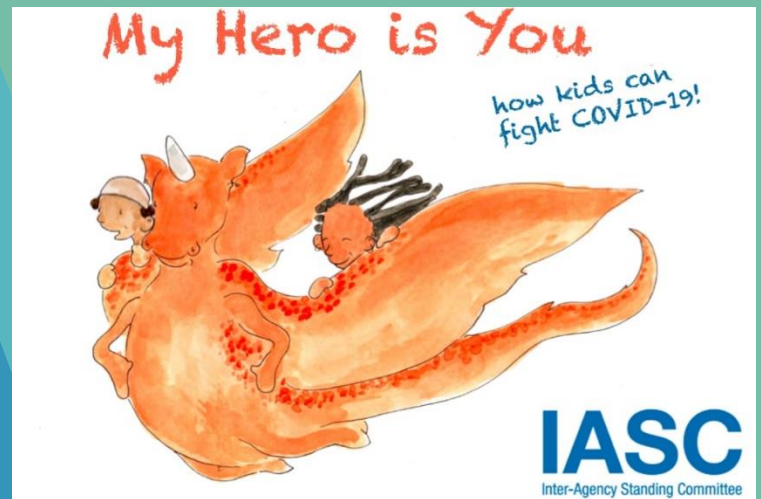
If you are struggling to explain COVID-19 to your children, here is the perfect reading book for you. It was read at Primary Assembly last week by Mr Murray and if you want a copy of that video, please email him direct.

The scale and impact of the coronavirus disease (COVID-19) pandemic is difficult for adults to understand, much less children. But young people still have questions, and they are looking to adults to help them understand what is happening.

“My Hero is You”, a story developed for and by children around the world, offers a way for children and parents to together think about the questions the pandemic raises.

Designed to be read by a parent, caregiver or teacher alongside a child or a small group of children, the story was shaped by more than 1,700 children, parents, caregivers and teachers who took the time to share how they are coping with the impact of COVID-19.

The project was developed by the Inter-Agency Standing Committee Reference Group on Mental Health and Psychosocial Support in Emergency Settings, and supported by global, regional and country based experts, in addition to parents, caregivers, teachers and children in 104 countries. You can find it at: <https://www.unicef.org/coronavirus/my-hero-you>



## PLEASE HELP US WITH OUR YEAR BOOK

Remember the excitement the day the year book comes out? The students and parents love to go back through the year and recall all the wonderful activities, successes and events over the 12 months before.

Our Year Book is brought out each year through the support and kindness of our sponsors and advertisers. Thanks to them, we are able to pay for the printing of this wonderful publication.

Like so many things happening around the world today, the sales of advertising for our Year Book have been affected. We need your help, and we offer you ours.

For the first time in our Year Book, we are offering a special SUPPORTERS business card page which can be removed and kept on a noticeboard so readers have your name and phone number featured prominently and are referenced back to your larger advertisement. The combination of the two will be an even stronger marketing tool, especially if you offer an incentive to respond.... OR we invite parents to simply show their support for the school by purchasing a business card space with your own special message to keep students and teachers going in these difficult times.

**CONTACT LUCY NOW ON +255 785 942 124**

**REMEMBER, AN ADVERTISEMENT IN OUR YEAR BOOK LASTS FOR YEARS!**

